



## Counselor-In-Training (CIT) Camp



Summer 2021

Dear Camper and Parents:

Welcome to the Wilmette Park District's **Counselor-in-Training (CIT) Camps** at the Community Recreation Center, 3000 Glenview Road, Wilmette. Whether your child is a first year camper or a veteran, we know they will have a great time and meet new friends. We're very excited about camp this year and the activities our staff has planned! Camps begin the week of June 14.

**CAMP MANUALS:** A copy of the general camp information manual, a camp specific manual and medication form can be found on our website at [www.wilmettepark.org](http://www.wilmettepark.org) and clicking on Camps (under Programs and Events) and continuing to Manuals and Forms. The manuals are designed to answer questions you may have prior to the start of camp. Please review the information for first-day procedures, daily routines and other details about your camp.

**CAMPER INFORMATION DATA:** Returning for 2021 is the Camper Information Data, which will be collected on-line through your household account. The information only needs to be filled out once per camper regardless of how many camps they attend. Once this information is filled out, you may communicate changes to your director. This information needs to be completed by **June 11**. Please see the email body for specific directions.

**ACTIVITIES:** Throughout the next four weeks, your child will be participating in many activities and projects to increase their counseling skills. We hope that your child will learn a great deal this summer, as well as have the opportunity to relax and enjoy their summer camp experience.

Not only will your child be trained to become a great counselor, he/she will also have the opportunity to meet new people at the camp where they are training and, hopefully, develop wonderful friendships that will last a lifetime. As a result of this program, leadership and problem solving skills will be instilled through team building activities, as well as real life experiences that will be beneficial in years to come!

**NOTE:** Counselor-in-Training (CIT) and all Park District camps are nut free environments.

**DRESS:** Please note the daily dress code for the CIT campers: wear the provided CIT tee shirt (do not alter it with rips or cutting); shorts must be mid-thigh or lower (sport shorts that do not reach mid-thigh are not acceptable); leggings are acceptable so long as they are opaque; track pants and joggers are acceptable; close toe shoes are required (no flip flops, Birkenstocks, Texas); hats are acceptable so long as there is no promotion of profanity, alcohol, drugs or inappropriate content (brims must always face front).

<b>CAMP DATES</b>	Session 1	June 14-July 9 (no camp July 5)
	Session 2	July 12-August 6

<b>CAMP STAFF</b>	Recreation Supervisor	Julie Nichols
	Camp Director	Benny Schulz

All camp activities are under the administration of the Park District's full-time Recreation Supervisors. On-site supervision is the responsibility of our campsite directors. We are welcoming back experienced counselors from last year, as well as adding energetic and talented new staff.

## **SUNSCREEN**

Part of the camp day will be spent outdoors. Please send sunscreen with your CIT.

## **LUNCH**

Campers should plan to have a lunch at camp each day. Information regarding Kiddos Catering has been emailed and is also attached. If you prefer not to use Kiddos Catering, please pack a shelf stable **NUT FREE** lunch and drink for your camper.

## **CIT GUIDELINES**

To help make this summer enriching for all participants, please discuss the following reminders with your young adult:

- Always use appropriate language.
- Be courteous to counselors, directors, etc.
- Respect and listen to counselors and bus drivers. (Let them know if any problems occur.)
- Be patient with campers and respect their feelings.
- Respect the property of fellow CIT's, counselors, the School District and Park District.
- Treat surroundings with respect and care. Remember, we will be on School District property and should always act as guests who would be welcomed back.
- While on the bus, use a seat belt at all times.

If a CIT engages in behavior which poses a threat of bodily harm to himself/herself or to others, an immediate meeting with the parent/guardian may be called. If such behavior warrants it, immediate suspension or expulsion may result.

## **CELL PHONES**

Campers are welcome to bring cell phones to camp provided they adhere to our policy: cell phones will be collected at the start of each day and distributed at the end of each day. Campers will only be permitted to check their phones during periods of the day when counselors give permission. In the event of an emergency, parents should contact the front desk at the number below.

## **CIT SCHEDULE**

- **Monday, Tuesday and Wednesday, June 14, 15 and 16 at 9:00am:** CITs should report to the Community Recreation Center on and proceed to Room 115. These first three days, the CITs will go through a very similar training to the one we hold for our counselors and directors, which includes Activity and Location Planning, Safety Policies and Procedures, Basic First Aid, Inclusion, Behavior Management, Staff Policies, Camper Policies, Director Expectations, Water Safety and Risk Management. Additionally these first three days, CITs will work on Character Development, Camaraderie, and Team Building Skills. These three days end at 2:30pm and CITs are dismissed.
- **Thursday, June 17 at 9:00am:** CITs should report to the Community Recreation Center. From here, we will bus each CIT to their selected camp location, where they will be paired with a Senior Counselor, meet the Director and become part of the camp. This day, CITs are dismissed from their selected camp location at the designated end time (found in the manual coming out tomorrow).
- **From Friday, June 18 forward,** the CIT schedule should be as follows:
  - **Monday/Tuesday/Thursday/Friday:** CITs report to and are dismissed from their camp locations at the designated start time and end time of the camp.
  - **Wednesdays:** CITs report to and are dismissed from the Community Recreation Center at 9am and 2:30pm. These are Wednesday Fundays, during which the CITs will have activities and things planned just for them (more information as we move forward throughout the summer).

## **HOW TO CONTACT STAFF**

We are always willing to talk, but not during drop-off or pick-up, as this is a very busy time. The best time to speak with staff is after pick-up at 2:30 pm. In case of an emergency, you may reach Benny Schulz at the Community Recreation Center front desk 847-256-9686 or Julie Nichols at (847) 920-3927. Additionally, Benny Schulz is available at 224-725-7654 and at [CITcamp@wilpark.org](mailto:CITcamp@wilpark.org).

We are looking forward to meeting you, and we know we will be spending an enjoyable and exciting summer together!

Sincerely,

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Wilmette Park District

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