



SUMMER GYMNASTICS CAMP

PARENT
MANUAL





WILMETTE PARK DISTRICT

1200 WILMETTE AVENUE WILMETTE, IL 60091 WWW.WILMETTEPARK.ORG
TEL 847/256-6100 FAX 847/256-7908 TDD 847/256-9091

Summer 2021

Dear Camper and Parents:

Welcome to the **Wilmette Park District's Summer Gymnastics Camp!** Camps begin the week of **June 14**. Whether your child is a first year camper or a summer veteran, we know they will have a great time, practice lots of gymnastics and meet new friends!

A copy of the general camp information manual, a camp-specific manual and the medication form can be found by clicking the following link: www.wilmettepark.org/camp-manuals-forms.

Once on the camp page, click on the **Gymnastics Camp** manual.

The manuals are designed to answer questions you may have prior to the start of camp. Please review the information for first-day procedures, daily routines and other details about your camp.

The **Camper Information Data** will be collected online through your household account. The information only needs to be filled out once per camper, regardless of how many camps they attend. Moving forward, it will only need to be updated when there is a change in your camper's information. This information must be completed by **June 14**.

To begin the process, click the link below:

<https://register.wilmettepark.org/wbWSC/webtrac.wsc/login.html?LoginRedirect=household.html&LoginRedirectParam1=option&LoginRedirectValue1=update>

1. You will be prompted for your household username and password
2. After login, you will be taken to the Camper Information Data screen
3. Fill in information for each child attending summer camp. In past years, these questions were filled out on the Camp Emergency Form
4. After entering information for **ALL** of your children attending camp, click **SAVE** before exiting screen.

Drop-off Procedures...Each day for camp the gymnasts will be greeted by coaches at the drop -off location (circular driveway at the north side of the building near the gymnastics gym) and taken from your cars into the gym. (Please see the attached map)

Pick-up Procedures...Pick-up will be in the same location as drop -off.

We are looking forward to meeting you, and we know we will be spending an enjoyable and exciting summer together! If you have any questions, feel free to call me at (847) 256-9695.

Sincerely,

Sarah Sekki
Gymnastics Supervisor
Wilmette Park District

DATES OF CAMP

Session I:	Monday, Wednesday & Friday	June 14 – July 9 (No class Monday July 5 th)
Session II:	Monday, Wednesday & Friday	July 12 – August 6
Session I:	Tuesday & Thursday	June 15 – July 8
Session II:	Tuesday & Thursday	July 13 – August 5

TIME OF CAMP

Full Day	9:00am – 2:00pm	Monday, Wednesday & Friday for both sessions of camp
Half Day	10:00am – 1:00pm	Tuesday & Thursday for both sessions of camp

LOCATION OF CAMP

Community Recreation Center, 3000 Glenview Road, Wilmette

CAMP SUPERVISOR

Gymnastics Supervisor Sarah Sekki

PARENT GUIDELINES

- Please read your manual carefully and call Sarah Sekki, Gymnastics Supervisor at (847) 256-9695 if you have any questions.
- Emergency forms **must** be properly filled out before the first day of camp.
- Prompt drop-off and pick-up is very important. Campers get very nervous when they are left to wait.
- Use extreme caution when driving around the campsite. **For the safety of your child and all other campers, please refrain from using your cell phone or any other form of electronic devices.**
- Campers will enter and exit cars from the curb side only.
- Please be patient during drop-off and pick-up. Follow the line of cars, and we will load and unload as quickly as possible with **SAFETY** as our #1 priority.
- Please label snack bags and all personal belongings. We cannot be responsible for misplaced items, and having items labeled makes them easier to identify.
- Notify the camp counselor, in writing, if someone else is picking up your child.
- Medication must be kept by the Gymnastics Supervisor. Do not send medication in your child's snack bag.
- Feel free to send sunblock for your child for outdoor play. Please apply sunblock before camp begins.

CAMP ATTIRE

- Girls: leotard or tight fitted shorts & t-shirts (without buttons/zippers)
- Boys: shorts & t-shirt (without buttons/zippers)
- Avoid socks or tights
- Hair tied back

CURRENT COVID-19 MASK POLICY CONTINUES THROUGH FIRST SESSION, JULY 9

- Outdoors - Masks are optional - You will be asked if you want your child masked when outdoors when you fill out your Camper Information Data
- Busses to the pool, beach or facilities - Masks are required for everyone
- Indoors – Masks are required for everyone

DROP-OFF & PICK-UP

Each day for camp the gymnasts will be greeted by coaches at the drop-off location (circular driveway at the north side of the building near the gymnastics gym) and taken from your cars into the gym. (Please see the attached map) Please move your car forward, put it in park and allow the counselors to help open and close your car doors.

- ****DRIVERS MUST REMAIN IN THEIR CARS****
- **If your child needs assistance buckling up, please park your car and pick your child up.**
- **Wilmette Gymnastics Staff are NOT allowed to buckle in your children.**
- **Children must enter the car from the curb-side only.**

If you need to speak with a counselor, please park in the parking lot.

LATE PICK-UP FEE

If your child is not picked up promptly at the end of camp, parents will be charged a late fee of \$10.00 per child every fifteen (15) minutes after 1:00pm or 2:00pm. The fee must be paid immediately to the person supervising the child. If a parent continues to be late, the child may be dropped from the program.

SPECIAL PICK-UP

At the start of a camp day, a note must be given to a counselor if someone other than the usual person or car-pool will be picking up your child or if your child will be picked up earlier than the end of the camp day. Identification may be requested.

SNACK/LUNCH TIME

There will be a break in our daily schedule for a snack and lunch (for full-day camp). Please provide a healthy nut-free snack/lunch and beverage for your child to enjoy at these times.

NUT FREE CAMP!

The Wilmette Park District has a no-nut policy at camp due to the number of children with life-threatening allergies. Please read the ingredients label when providing snacks for your child and avoid any foods containing nuts. Even though the brand name may not suggest that nuts could be an ingredient, the label information will clarify that fact. Nut allergies can be severe. Any contact with nut protein can lead to a potentially life-threatening incident.

GROUPS

Camp groups are primarily divided by age and ability. If you have any questions, please contact Sarah Sekki, Gymnastics Supervisor, at (847) 256-9695.

PERSONAL ITEMS

All personal items (i.e., clothing, water bottles, backpacks, etc.) brought to camp should be clearly marked with your child's name. Toys sent to camp may be broken or lost, so please leave them at home. Camp staff will do their best to keep an eye on your child's belongings, but they cannot be responsible for broken or lost items.

ILLNESS PROCEDURES

In order to help keep all campers healthy, if your child develops a contagious illness (i.e., COVID-19, chicken pox, strep, etc.), you must report this to the Camp Director. We will notify other parents of the reported illness and related symptoms.

Prior to coming to camp

- Parent/guardians are asked to check for signs of illness which includes shortness of breath, cough, flushed cheeks, headache, muscle pain, chills and sore throat.

If a camper shows signs of illness while at camp:

- They will be isolated from other campers and staff in a well ventilated area.
- Only one staff member remain with isolated camper.
- A PPE mask must be worn by camper and staff.

Your camper **MUST** be picked up within the hour at camp upon notification of possible illness. Parents will need to designate two authorized emergency pick-up persons on their Camper Information Form in order to assure earliest pick-up possible.

Camper may not return to camp until symptom and fever free for **72** hours without medication. If COVID- 19 is confirmed, a doctor's note of release is required in order to return to camp.

MEDICATION

If your child needs to take any medication at camp, please complete the Medication Consent Form which can be found online. This form **must** be submitted no later than the first day of camp. **PLEASE NOTE:** Medication has to be sent to camp in its original container and specifically labeled with instructions for your child.

SPECIAL NEEDS

If you need any special accommodations for your child, in accordance with the Americans with Disabilities Act, to effectively participate in this program, please call Sarah Sekki, Gymnastics Supervisor, at (847) 256-9695. We will discuss your child's particular needs and work with the camp counselors to make his/her camp experience an enjoyable one.

EMERGENCY PROCEDURES

Injury to Camper: In the event of an injury to a camper, basic first aid will begin immediately. Depending upon the extent of the injury, a camp counselor or the Gymnastics Supervisor will notify the parent (or alternate phone number provided on the Emergency Form) after a call to Emergency 911 (the Wilmette Fire Department).

Severe Weather: Thunderstorm – Campers will be moved into designated classrooms or shelters until an all clear is given by the Gymnastics Supervisor. ***Tornados*** – Campers will be moved to inner corridors of the building until an all clear is given by the Gymnastics Supervisor.

HOW TO CONTACT STAFF

Sarah Sekki, Gymnastics Supervisor (847) 256-9695
Community Recreation Center - front desk (847) 256-9686

OUR STAFF WOULD LIKE TO KNOW

- If your child has any allergies.
- If any unusual events are going on at home that might affect your child (i.e., new baby, new house, etc.).
- If your child has any specific needs, please indicate this information on the Emergency Form.

PHOTOGRAPHS

We may take pictures of the campers while they are engaged in various camp activities. If you do not wish for your child's picture to be taken, please notify the Gymnastics Supervisor in writing on the first day of camp.

DROP OFF/PICK UP FOR COMMUNITY RECREATION CENTER

CAMPS 2017

EARLY BIRD/ARTS IN THE PARKS

DISCOVERY

IL BASEBALL ACADEMY

NO PARKING DURING DROP OFF

MERGE

THRU - TRAFFIC

CAMP DROP OFF LANE

BROADWAY BOUND

Gymnastics Camp Drop-off and Pick-up

Attention:

To facilitate a flow of traffic, please follow these guidelines:

- Refrain from using cell phones while driving
- Keep your vehicle in the drop-off/pick-up zone
- Please do not block the drop-off/pick-up zone
- Camps should pass through the drop-off/pick-up zone
- Drive your vehicle in the direction of traffic

ALL CAMPS EXIT HERE

ALL CAMPS ENTER HERE

TINY TOTS PARKING